

CONGREGATION BETH SHALOM

A GUIDE TO PESACH



APRIL 22 - APRIL 30

5784-2024



CONGREGATION
BETH SHALOM



All Pesach services will be in-person & live streamed from the CBS website:

www.bethshalomnb.org/pray/live-streaming/.

All services will be in the *Feather Beit Midrash* unless otherwise noted on the service schedule below.

Pesach and Its Observance

Pesach, the Festival of Freedom, born of the liberation from Egyptian bondage, has left an indelible impression on Jewish memory. Apart from its observance in the synagogue, Pesach has a unique place in the Jewish home because of the Seder and because of the changed atmosphere in the home during the Pesach week.

Pesach is both the most challenging and the most rewarding of festivals for the household. When the Jewish people left the land of Egypt, they did not have the time to let their bread rise. Instead, they ate Matzah, unleavened bread. Therefore, in commemoration, we separate ourselves from all leavened products during this eight day Festival.

The Seder is an experience shared by the entire family, both as a celebration and a learning experience. It is a beautiful night greatly enhanced by the special foods served. It is on this night that all the artistry of Jewish cuisine comes to the forefront.

5784/2024- Pesach Service Schedule

Monday, April 22	1 st Night Pesach	Morning Minyan/Siyum for Fast of the Firstborn You can eat chametz until You can sell and burn chametz until Mincha/Ma'ariv/Service to Welcome the Festival Candle Lighting	7:45 AM 10:31 AM 11:40 AM 6:00 PM 7:21 PM
Tuesday, April 23	1 st Day Pesach	Festival Service - <i>Kamensky Sanctuary</i> Mincha and Festival Ma'ariv Candle Lighting	9:30 AM 6:00 PM 8:26 PM
Wednesday, April 24	2 nd Day Pesach	Festival Service - <i>Kamensky Sanctuary</i> Evening Minyan	9:30 AM 7:40 PM
Thursday, April 25	3 rd Day Pesach	Morning Minyan Evening Minyan	7:45 AM 7:45 PM
Friday, April 26	4 th Day Pesach	Morning Minyan Shabbat Service Candle Lighting	7:45 AM 6:00 PM 7:26 PM
Saturday, April 27	5 th Day Pesach	Shabbat Service— <i>Kamensky Sanctuary</i> Mincha	9:30 AM 12:15 PM
Sunday, April 28	6 th Day Pesach	Morning Minyan Mincha/Service to Welcome the Festival Candle Lighting	8:45 AM 6:00 PM 7:28 PM
Monday, April 29	7 th Day Pesach	Festival Service - <i>Kamensky Sanctuary</i> Mincha and Festival Ma'ariv Candle Lighting	9:30 AM 6:00 PM 8:33 PM
Tuesday, April 30	8 th Day Pesach	Early Yizkor Festival Service with Yizkor - <i>Kamensky Sanctuary</i> Mincha/Ma'ariv	8:00 AM 9:30 AM 8:00 PM

**PLEASE DO NOT EAT CHAMETZ BEFORE 8:33 PM ON
TUESDAY, APRIL 30, 2024**

BEDIKAT CHAMETZ: SEARCH FOR LEAVEN
Monday, April 22 by 11:40 am

Before Pesach, our homes are cleaned very thoroughly. We search our homes for any signs of leavened items. Because our homes have been cleaned so well, traces of leaven, such as a few crumbs of bread, are placed in the corners of our homes and we search them out. A candle is lit to use as a searchlight and the children lead the parents through the house for the search. All particles of leaven are placed in a paper bag, so that they may be burned before **11:40 a.m.** on **Monday, April 22nd.**

We recite the following blessing before we begin our search:

BARUCH ATA ADONAI, ELOHEINU MELECH HA'OLAM, ASHER KIDSHANU BE'MITZVOTAV, VE'TZIVANU AL BIYUR CHAMETZ (.....AND COMMANDED US TO REMOVE ALL LEAVENED GOODS).

After our search we recite the following:

KOL CHAMIRAH VECHAMI'AH, DE'EKAH VIRSHUTI, DE'LA CHAMI'TEI, UD'LAH VE'ARITEIM UD'LAH YADANA LEI, LIB'TEIL VE'LEHEVEI HEFKER, KE'AFRAH DE'AR'AH.

ALL LEAVEN IN MY POSSESSION WHICH I HAVE NOT SEEN OR REMOVED OR OF WHICH I AM UNAWARE IS HEREBY NULLIFIED AND OWNERLESS AS THE DUST OF THE EARTH.

After completing the search for leaven, the crumbs, together with the receptacle used to collect them, are put away in a safe place until the following morning when they are burned in a ceremony called *BIYUR CHAMETZ*, the burning of the leaven. After the burning, the following prayer is recited:

KOL CHAMIRAH VECHAMI'AH, DE'EKAH VIRSHUTI, DE'CHAZITEI UD'LAH CHA'ZITEI DE'CHAMITEI, UD'LAH CHA'MITEI, DE'ARITEI UD'LAH VA'ARITEI, LIB'TEIL VE'LEHEVEI HEFKER KE'AFRAH DE'AR'AH.

ANY KIND OF LEAVEN THAT IS IN MY POSSESSION WHETHER I HAVE SEEN IT OR NOT, WHETHER I HAVE REMOVED IT OR NOT, IS HEREBY NULLIFIED AND OWNERLESS AS THE DUST OF THE EARTH.

(The text for Bedikat and Biyur Chametz are available in most Haggadot.)



A beautiful [downloadable](#) Haggadah coloring book for kids to enhance their seder experience from



Haggadot.com

**Passover is coming!
Let's clean and dust,
The search for Chametz
Is always a must!**



inside the closet

desk drawers

pockets

between furniture cushions

lunch box

on the car seats

cabinets

under the rug



**Enjoy the Sisterhood Pesach Kiddushim
following these holiday services:**

Tuesday, April 23 @ 9:30 am - Festival Service

Wednesday, April 24 @ 9:30 am - Festival Service

Saturday, April 27 @ 9:30 am - Shabbat Service

Monday, April 29 @ 9:30 am - Festival Service

Tuesday, April 30 @ 9:30 am - Festival Service/Yizkor

Thank you so much to our CBS Sisterhood for their hard work, delicious food and generous time and volunteerism on behalf of the synagogue.

FAST OF THE FIRSTBORN

Monday, April 22 @ 7:45 am

Because the firstborn of the Israelites were saved from the tenth plague, tradition requires all firstborn to fast on Erev Pesach until the Seder. (This fast is called Ta'anit Bechorim). However, the Law states that if a firstborn hears the completion of a tractate of the Talmud, a siyum, they are no longer responsible to fast. Therefore, on the morning of the first Seder, a special service is held for all firstborn, at which they hear the completion of a tractate of the Talmud and are thus no longer responsible to fast on that day. As this is the season when we single out our firstborn, it is very appropriate that all our firstborn be represented.

The service is, of course, not limited to the firstborn alone. This service will be held **Monday, April 22 at 7:45 am** in-person and [live streamed](#) from the Feather Beit Midrash.



Sisterhood Judaica Shop

You will find pictures of many beautiful items for Pesach throughout this guide that are available from The Louis Gurvitz Memorial Sisterhood Judaica Shop at CBS. Shop at:

<https://cbs-sisterhood-judaica-shop.square.site/> and pay for your merchandise by credit card online. They will contact you to arrange for curbside pickup at CBS. Or email cbsjudaica@gmail.com and you will be contacted directly.



HOUSEHOLD PREPARATIONS

MECHIRAT CHAMETZ - SELLING THE CHAMETZ REPARATIONS

Since we may not possess any leavened food after the burning of Chametz by the morning of the first Seder, we must give up ownership of this food.

It is impossible to destroy all of the Chametz in one's possession. Therefore, rabbinic authorities used a legal fiction embodying a special sale called *Mechirat Chametz*, which is arranged through the clergy. Since the Chametz is sold to a non-Jew, it does not belong to a Jew during Pesach. All material to be sold is isolated from the food and utensils used on Pesach. Pets and other animals should also be sold (although they remain in the house as usual) since most animal food contains Chametz. The clergy arranges for all material to be sold back immediately after Pesach.



The procedure may be arranged by filling out the **AUTHORIZATION FOR SALE OF CHAMETZ** form on the last page of this guide and sending it to CBS or submitting it [online](#) at any time before or during the week preceding Pesach, but no later than **Monday morning, April 22nd at 11:40 am**. If you would like to follow the tradition of arranging the sale personally through [Rabbi Melman](#), [Rabbi Chapman](#) or [Cantor Stoehr](#), they will be glad to assist you.



THE SEDER PLATE



Zeroa - shank bone – a roasted lamb bone (a roasted beet is a vegetarian alternative) - this commemorates the Pesach sacrifice, the Paschal lamb, made the night the ancient Hebrews fled Egypt.

Beitzah - egg – a roasted hard-boiled egg - a symbol signifying springtime and renewal.

Karpas – a **green vegetable**, usually parsley. While parsley may symbolize the freshness of spring, others say people eat it to make them feel like nobility. *Some families use boiled potatoes, continuing a tradition from Eastern Europe where it was difficult to obtain green vegetables.

Charoset – a mixture of apples, nuts, wine, and cinnamon that represents the mortar used by the Hebrew slaves to make bricks.

Maror – any **bitter herb** will work, though typically red or white horseradish is used (or romaine lettuce). Bitter herbs bring tears to the eyes and recall the bitterness of slavery of the Jews in Egypt. A new way to look at this is for people to look at their own bitter enslavements, whether addiction or habit.

Chazeret - a second bitter herb - the symbolism is the same as maror (not all Seder Plates have this sixth spot).



Maot Chitim Passover 2024 Volunteering

Sunday, April 14

Pack Boxes with Perishables on Delivery Day
You must be 12 or older to volunteer in the warehouse
(1610 Deerfield Rd, Highland Park)

Food packing 6:00-8:45am

Volunteer [Here](#)

Deliver Boxes to Suburbs and City

The Whole Family is Invited!

Delivery between 9:15-10:45am

Volunteer [Here](#)

For more info contact info@maotchitim.org or
call 847-674-3224



SHOP AT
MIZRAHI MARKET
10% OF ALL SALES
DONATED BACK TO
CBS SOCIAL ACTION

BENEFITING
NORTHFIELD FOOD PANTRY

Shop for all of your favorite
Kosher foods.

Thursday April 4, 2024

Open from
9 AM to 8 PM

Mizrahi Market
300 Skokie Valley Rd
Highland Park IL 60035
Mention Congregation Beth Shalom Social Action

PESACH WITH THE CBS CLERGY

Rabbi Aaron Melman (RAM), Cantor Steven Stoehr (CSS) and
Rabbi David Chapman (RDC)



Can you tell our CBS Members something about Pesach that they most likely did not learn from Religious School (whether it was here at Congregation Beth Shalom or somewhere else)?

RAM: The Pesach Seder is modeled after the Greek Symposium. At the Symposium, men would sit around, reclined, and discuss the issues of the day. Most likely they ate food with dips and drank wine. The rabbis who lived during this time made some major adjustments when creating the Seder. All were included, not just the men, and children were encouraged to ask questions. The Seder was framed in a Jewish context full of conversation about the Exodus from Egypt but not only the Exodus. It was about God's power and how the Israelites were saved from Pharaoh. The Haggadah is full of Midrash and is probably the single most important Jewish home ritual of the year. **And Moses name does not appear in the Haggadah!**

CSS: Moses is not the focus of the Exodus from Egypt in the Haggadah. Why? It was to safeguard the issue that he not be defined as the savior of the Jewish people and rather that we focus on God's hand that brings us out of slavery.

However, there are plenty of allusions to Moses. The Hebrew word VaTitzpenayhu (Exodus 2:2) is translated as "and she hid him", referring to how

Moses' mother hid her child after giving birth to him, for three months, before she realized that she needed to place him in the basket in the Nile for him to be rescued by someone who might care for him, based on the Pharaoh's edict that all newborn Jewish males were to be killed. Searching for the Afikomen (which shares the same root word Tzafun as the word used 'and she hid him'), reminds us of how Moses, as a baby, was hidden in the basket and was found. Thus, Moses is in the story often, you just have to search.

RDC: Where does the Seder come from? While the commandment to remember the Exodus (and eat matzah and maror) can be found in the Torah, there is no mention of anything resembling the Passover Seder we practice today. Scholars trace the Seder's origin to the **symposiums of ancient Greece** – ritualized banquets where learned people would recline, eat symbolic foods, and engage in good conversation – sound familiar? The early sages modified this popular form for our own purposes and added our own creative spins like involving children in the retelling of the Passover story.

Throughout history, Jews have been influenced by surrounding cultures. May we learn to adapt and borrow wisely, endowing everything we encounter with wisdom, joy, and deep Yiddishkeit.

Register: tinyurl.com/CBScandy0407

CBS CHAVERIM

CANDY SEDER WITH SOME STEM & STICKY

2nd-5th Graders are invited for a
Pre-Passover afternoon of
sugar and science!

Sunday, April 7

12:00pm-1:30pm (after religious school)

Lunch included

\$10

Register by 4/1: tinyurl.com/CBScandy0407

Contact Michael with questions:
mschneider@bethshalomnb.org



These items are available at the CBS
[Sisterhood Judaica Shop](#)



Climb aboard the ark for this theatrical and musical Shabbat experience filled with sensory storytelling, puppetry, and lots of imagination.

Designed especially for kids birth to 4 years old and their grownups

Ark Adventure: Pack Up for Passover

Friday, April 26 @ 10am & Saturday, April 27 @ 11am

Register at tinyurl.com/CBSArkApr2



Register: tinyurl.com/CBSArkApr2



CONGREGATION
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Register: tinyurl.com/CBSGrandparentPesach



Congregation Beth Shalom in Northbrook Presents

Grandparent & Me: Passover Discovery Workshop



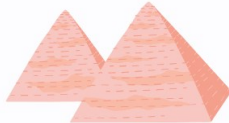
Calling all grandparents and grandchildren for an interactive workshop designed especially for you! Explore Passover together through imaginative play and creativity.

Presented in partnership with the Jewish Grandparents Network

Sunday, April 21, 2024

- 11:30am - Workshop for 2 to 4 year olds and their grandparents
- 12pm - Lunch for Everyone
- 12:30pm - Workshop for 5 to 8 year olds and their grandparents

Register at tinyurl.com/CBSGrandparentPesach



HUGS @ CBS and The K'ilu Company present

THE SENSORY SEDER



Join us for this participatory, hands-on, sensory seder experience. Together, we'll explore the story of Passover through music, multi-sensory engagement, and joyful play.

This program is designed especially for children and adults with special needs and abilities. Best for young people ages 5 to 12 but all are welcome.

April 14, 2024 at 3pm

Register: tinyurl.com/hugsseder24

Congregation Beth Shalom / Northbrook, IL

This experience is designed for 20 participants at a time with their families. If there is demand beyond our capacity, we may add a second experience at 4:30pm.

Register at tinyurl.com/hugsseder24



Volunteers Needed

Relax and breathe...
No, it is not Pesach yet, but it is time for Sisterhood to begin planning the baking schedule for our **Pesach Kiddushim 2024** and we want YOU!!!

Tuesday, April 16th and
Wednesday, April 17th
10 AM-12 PM
12:30 PM-2:30 PM
3 PM-5 PM
6 PM-8 PM



Register deadline
Wednesday, April 10th
<http://tinyurl.com/SHPesach2024>

Questions-Edna Schrank eschrank@comcast.net
Jackie Zelkowitz jzelkowitz@comcast.net

Congregation Beth Shalom
3433 Walters Avenue
Northbrook

Register: tinyurl.com/SHPEACH2024



Order: ZeldasTable.com/Passover-menu

By April 1st

Zelda's Catering is wishing you a

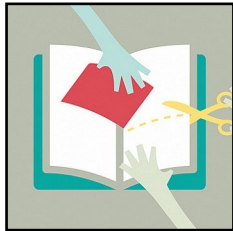
Happy Pesach

Complete Seder, family and individual meals available
Order at ZeldasTable.com/passover-menu
Mention Congregation Beth Shalom in the partner organization field when checking out, and we will give 10% of your order back to Congregation Beth Shalom!

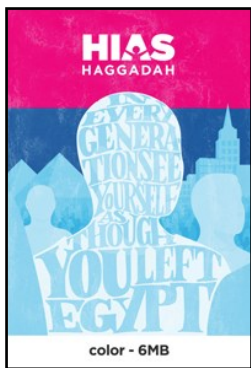


HAVE YOU EVER THOUGHT ABOUT MAKING YOUR OWN HAGGADAH OR WOULD YOU LIKE TO ADD SOMETHING NEW TO YOUR SEDER?

Great resources to help you create your own Haggadah or add to your Seder:



[Haggadot.com](https://haggadot.com) is a comprehensive and user-friendly online resource to make your own Haggadah and it's **free**. After you register, you can choose from a library of readings and images. The site guides you through the process with templates and an outline of all the sections of the Seder. You can search by themes, family-friendly and other specific needs. You can also invite your Seder guests to log-in and participate in the Haggadah-making. When you're done, you print it out as a PDF file or download to your guests' mobile devices.



Connect the Passover story and today's refugees. Passover invites us to imagine ourselves as though we experienced the Exodus from Egypt as we retell the Passover story - the Jewish people's original refugee story. More than 100 million people around the world have been forced to flee their own homes

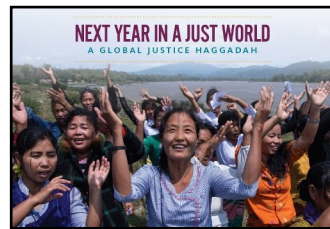
from those who have fled from Afghanistan and Ukraine, Rohingya, and those still fleeing Syria and Darfur as well as asylum seekers at the U.S. borders, and many others. [Download the HIAS Haggadah](#) to include a deeper exploration of the global refugee crisis and the foundational liberation story of the Jewish people at your Seder this year.

A Jewish Response to Hunger - MAZON collaborates



with diverse stakeholders to showcase what's possible: a country built on compassion, mutual support, and meaningful opportunity. By reflecting on the world as it is, we create a vision of what it could be — one where those in need are supported, the powerful are held to

account, and hunger is a distant memory. Every year at Passover, we affirm our obligation to care for one another by proclaiming **"Let all who are hungry come and eat."** Add [MAZON's Fifth Question](#) to your Seder or use their Haggadah. MAZON's Hunger Seder Haggadah orients the entire seder experience around hunger - [Download the MAZON Hunger Seder](#).



The story we retell each year at our Seder tables illuminates the core narrative of the Jewish people: we were once slaves in Egypt, but now we are free. This story still

resonates today with the struggles and journeys to freedom still traveled by so many oppressed communities around the globe. This year, put social justice at your seder table. When we recount the iconic story of our ancestors' liberation from Egypt it can deepen our resolve to tackle oppression today - from racism, poverty and authoritarianism, to global hunger and the climate crises. Acting on Passover's ancient call for freedom, we can hasten freedom for women, girls, LGBTQI+ people, Indigenous communities, religious and ethnic minorities, and other marginalized groups and the world. At this year's Seder, we can challenge ourselves to take a more active and more meaningful role in hastening their freedom - [Download the American Jewish World Service Global Justice Haggadah: Until We Are All Free](#).

CBS Office Closings

(closed all day unless noted)

Closed for Pesach
Monday, April 22 @ 12:00 pm
Tuesday-Wednesday, April 23-24
Monday-Tuesday, April 29-30

PESACH GAMES & ACTIVIES FOR FAMILIES

Pesach Games

- In advance of Seder night, write out on separate pieces of paper the names of characters or objects associated with Seder. For example: Pharaoh, Elijah the Prophet, The Wise Son, Maror, Charoset, Matzah, Chametz, Frog, Wild Beast, etc. During the Seder, choose a volunteer. Tie a scarf around their forehead and stick a name on the scarf so that everyone can see it but them. Now they have to ask questions about themselves, to which everyone answers Yes/No until they figure out who they are. If they guess in fewer than five questions, they get a prize.
- This game is for a more advanced or slightly older age group. It works like charades. Prepare different parts from the Haggadah ahead of time, and write them on paper. Each participant randomly chooses a card. They then have to mime the sentence and the rest of the guests and family have to guess the part. The participant is not allowed to talk, but they may indicate how many words are in the passage with their fingers. They can show that a word rhymes with another word by touching their ear. This game can be adapted for younger kids to act out the Ten Plagues or simpler words connected to the Pesach story.
- Have an Iron Chef or Top Chef style competition with some traditional and non-traditional Pesach food items. Have your guests be the judges (your guests can bring dishes too if you plan this ahead of time).
- Purchase some dollar store “prizes” for kids. When they ask a good question (which is what we’re trying to stimulate), they get a prize. Also give prizes for asking the Four Questions, singing, reading, etc. The kids will keep busy playing with their prize until they think of another good question and jump back in.
- Would you Rather? Pesach Style! Ex: Be covered from head to toe in boils or lice? Still be in Egypt or be in school 100 hours a week? Recline whenever you eat or dip everything you eat? Eat only maror or drink only saltwater? Eat only matzah or eat only charoset? Have a 9 hour Seder with gourmet food or a 1 hour Seder with no food?

Pesach Activities

- Have a make-your-own charoset buffet table, with a variety of ingredients to choose from.
- Provide a tent area near the Seder table with books, Pesach games and puzzles for the children to play with while the adults conduct the Seder.
- Pesach Bingo: print out these fun and colorful BINGO cards by celebrated children’s book illustrator *Dena Ackerman*. The cards are free, just sign up on her website and up to 30 different cards can be downloaded and printed. Click [here](#) to get the FREE Bingo card file.
- Check out [PJ Library’s Passover Printables](#) including the [Mad Libs-Styles printables](#) they have! Download PJ Library’s Interactive Family Haggadah [here](#)!
- Hang blue crepe paper sheets from the ceiling; when it’s time to leave Egypt, have the children take their stick of celery and part the Red Sea as they march out of Egypt.
- Do a spontaneous Seder Table Wave.
- Have your guests narrate the voices of Moses, God, or whomever they’d like in the story.
- Make a word search using Pesach terms at this word search creator [website](#).
- Use bubbles and water bottle sprayers when you talk about the parting of the Red Sea and, for babies, play Afikomen peek-a-boo using scarves or cloth napkins.



CBS PESACH PROGRAMS

Thursday, April 4 - 9am-8pm

Shop at Mizrahi Market to benefit CBS Social Action

Sunday, April 7 - 12:00pm

Chaverim Candy Seder

Sunday, April 14 - 3:00pm

HUGS Sensory Seder

Tues-Wed, April 16-17 – 10am-8pm

Sisterhood Passover Kiddushim Cooking

Sunday, April 21 - 11:30am-1:00pm

Grandparent & Me: Passover Discovery Workshop

Monday, April 22 - 7:45am

Siyum (fast) of the Firstborn

Monday, April 22 - 11:40am

Deadline to sell chametz to CBS clergy

Monday, April 22

Erev Pesach/First Seder

Fri-Sat, April 26-27

Fri-10am and Sat-11am

Ark Adventures: *Pack Up for Passover*

Tuesday, April 30 - 8:33 pm

Do Not Eat Chametz Before



These beautiful items are available at the
CBS Sisterhood Judaica Shop -

<https://cbs-sisterhood-judaica-shop.square.site/>



AUTHORIZATION FOR SALE OF CHAMETZ

5784/2024

Skip the paper this year!

Fill out and submit this form [ONLINE HERE](#)

I (We) _____

do hereby authorize and designate Rabbi Melman/Rabbi Chapman/Cantor Stoehr as my (our) agent to act on my (our) behalf to sell and to transfer by transactions all Chametz (as defined by the Torah and Rabbinic Law) of whatever kind and wherever situated at my (our) residence at: _____

or in my (our) place of business located at: _____.

All of the aforesaid Chametz will be sold in accordance with the requirements of Jewish law and also in accordance with the State of Illinois and is intended as a binding legal transaction.

I (We) further state that the Chametz covered by this agreement will be stored away at the above address and not used for my personal benefit during the period commencing no later than **11:40 am** on the morning of **Monday, April 22, 2024**, and concluding no earlier than **8:33 pm** on **Tuesday evening, April 30, 2024**.

Signed _____ and dated _____ 2024.

My voluntary donation to **Maot Chitim** is enclosed. **Your generosity is greatly appreciated.** CBS will forward the full amount of your donation to support their annual holiday food deliveries to our community members in need.

Form due no later than Monday, April 22, 2024 at 11:40 am.



3433 Walters Avenue | Northbrook, IL 60062
847-498-4100 | Fax 847-498-9160 | www.BethShalomNB.org