Yahrzeits this week

Jan 27-17 Shevat Sonny Ander Isaac Feinstein Esther Fialkow Helen Gold David Jaffe Hyman Kawer Clara Liss Renee Manelis Ruth Markman Maxine Nelson Isaac Stucker Milton Weiss Ethel Wenia

Jan 28-18 Shevat Joel Arnold Arlene Bell Claire Benson Ceil Fdelstein Ethel Gill Tillie Goldman Sherry Harris Adam London Morris Neiditch Alexander Pontecore Miriam Samborn Ben Stollberg Mever Teinowitz William Wasserman Judy Weinberg

Jan 29-19 Shevat Philip Billowitz Joseph Bright Estelle Gloss Harold Harrison Edith Rose Kramer Rebecca Sheade Hannah Shenfeld

Irene Stoehr Bernice Taub Eric Craig Timoner Abraham Weberman Max Zisook

Jan 30-20 Shevat Anne Blum Lois Dolnick Isadore Fox Sv Gordon Susan E. Nekritz Helen Pell Morris Selin Dolores Slan Fav Snite Ruth Werth Charlotte Wiseman

Jan 31-21 Shevat Sonia Chabner Jeffrey Dunn Francine Elrod Marvin Fink Erna Hirsch Ronald Klein Alexander Kramer Abraham Lichtenstein **Emee Myers** Michael Rabin Tillie Waller Resnick Ruth Schatzman Irving Shapiro Sally Taub Stephen Weiss Benjamin Wellner Harry Jean Yeidel

Feb 1-22 Shevat Lillian Crandus Samuel Epstein Sam Lopata Nathan Orlofsky Edgar Rosen Zelda Seiden Samuel Skidelsky Morris Stern Sidney Walowitz Eli Winn

Feb 2-23 Shevat Herb Alpert Paul Bernsen Rose Besser Richard Caitung Dr. Harold Epstein Lorraine Fischman Kate Friedman Albert Goodwin Alan Greenfield Joseph Kav Lillian Kerschner Beatrice Klass Esther Korol Ann Lampert **Dorothy Melamed** Belle Lasky Moller Mever Nitzkin Vivian Rice Ted Samotny Julius Schloss Phillip Shaffer Albert Sperber Ida Ann Telpner Oscar Wolfson

If you are interested in being a part of our community, please contact Michael Garlin. Executive Director.



3433 Walters Avenue Northbrook, IL 60062 847.498.4100

www.BethShalomNB.org

January 27, 2024 17 Shevat 5784



Shabbat -Beshalach

Shabbat Shalom and Welcome to Congregation Beth Shalom!

We seek to enrich the lives of our congregation through ever-evolving ideals of observance, life-long learning, and acts of kindness from this generation to the next. We are committed to meeting the spiritual, educational and social needs of our members through the practice of Conservative Judaism in an all-inclusive manner. We seek to encourage involvement and create a sense of belonging by serving our community, the Jewish people, and the State of Israel.

We hope you enjoy worshiping with us. Following services, please join us for kiddush luncheon and introduce yourself so we may personally greet you.

Rabbi Aaron Melman • Senior Cantor Steven Stoehr • Rabbi David Chapman Dr. Bob Spector, President • Rabbi Carl Wolkin, Emeritus

Mazel Tov to Savanah Harshbarger and William Farnós-Wilker on their upcoming marriage.

Mazel Toy to Bekah and Stu Almeleh on the baby naming of their daughter, Scarlett Kennedy

> Link to online Live Streaming (copy and paste into browser) https://www.bethshalomnb.org/pray/live-streaming/ Link to Siddur Sim Shalom (copy and paste into browser) -

https://www.bethshalomnb.org/pray/siddur-sim-shalom/

Many members of our congregation have had allergic reactions to perfume and/or colognes. We are asking that if you could, please keep this in mind and refrain from using these products in the future. Thank you for your understanding and cooperation.

Schedule of Services

In-Person & Live Stream, Sunday & Legal Holidays @ 8:45 AM Monday-Friday @ 7:45 AM Sunday-Thursday @ 7:45 PM

CBS has now returned to daily in-person Minyanim.

Please take an active role in our community by helping us make Minyan every morning & evening.

- Masks are now optional, if you are more comfortable, please continue to wear your mask.
- If you're not feeling well, you should not attend any worship services, events, or programs, in person, at CBS.

Thought to Ponder:

If God can control the Egyptians' hearts, why stiffen them instead of softening them? (See Ex. 14:17).

Acknowledgements

The Kiddush is hosted by: Loly Farnos and Herb Lesnoy in honor of William Farnos-Wilker and Savanah Harshbarger's Auf Ruf; Suzy and David Hakimian in celebration of their granddaughter, Scarlett Almeleh's baby naming., The Congregation, Sisterhood and the Laven Family Shabbat Celebration Fund.

Mark Your Calendars

Feb 2-3 Feb 2	Shabbat with a Twist Sisterhood Shabbat with
Feb 9-10	Birthday Selahbrate Ark Adventures
Feb 9	Anniversary Shabbat Selahbrate
Feb 10	CBS Annual Fundraiser
Feb 11	World Wide Wrap
Feb 16	FYC Shabbat Service and Dinner
Feb 23-24	Ark Adventures
Feb 23	ShabbaTONE and 4th grade Shabbat B'Yachad

Visit our Website for all of our CBS Live! Class Offerings www.BethShalomNB.org

Congregational Gifts for S'machot

B'nai Mitzvah receive gifts from the congregation, Sisterhood, Men's Club, JUF, the Youth Commission and Rochelle Zell Jewish High School.

Gifts presented to those celebrating aufrufs and babynamings are provided by the Zaransky Family Ticktin Jewish Community Memorial Fund.

Synagogue Etiquette

In keeping with the spirit of Shabbat and to respect your fellow worshipers, please refrain from taking photographs, smoking and writing. If you must be accessible, please set your phone on silent. Please do not use your cell phone anywhere inside the building.

If you have any questions, please see one of our volunteer Shabbat Ambassadors or Greeters.

We invite you to visit www.BethShalomNB.org for more information about Beth Shalom and our many events, classes and programs happening throughout the year! All CBS religious services are live streamed.

Today's Torah Reading

ALIYAH	CHAPTER/VERSES	READER	PAGE
1	Exodus 14:15-20	Steve Zaacks	403
2	Exodus 14:21-25	Steve Zaacks	404
3	Exodus 14:26-15:21	David Hakimian	405
4	Exodus 15:22-26	Michael Ellison	412
5	Exodus 15:27-16:3	Herb Lesnoy	414
6	Exodus 16:4-7	Herb Lesnoy	414
7	Exodus 16:8-10	Herb Lesnoy	415
MAFTIR	Exodus 16:8-10	Herb Lesnoy	415
HAFTARAH	Judges 5:1-31	Alan Birkner	424

This Week's Parashah

God leads the Israelites out of Egypt by way of the Sea of Reeds. For a final time, God hardens Pharaoh's heart and the Egyptians pursue the escaping slaves. A path of dry land appears in the Sea of Reeds allowing the Israelites to cross, but when the Egyptians pursue them, the sea closes and all of Pharaoh's army is drowned. Now, convinced of the greatness of God, the Israelites, led by Moses and Miriam, sing songs of praise. As the desert journey continues, the people become hungry and begin to grumble against Moses and Aaron. God tells Moses and Aaron that the Israelites will eat flesh that evening and bread the next morning. In the evening, quail appear and cover the camp. In the morning, God sends manna to feed the Children of Israel. The manna appears each morning; on the sixth day, the Israelites are instructed to gather a double portion because there will be no manna for them to gather on Shabbat. The seventh day is Shabbat the people are to rest. When the Israelites encamp at Rephidim, they complain about the lack of drinking water. God instructs Moses to strike a rock from which water will flow.

The Amalekites come to attack the Israelites and are defeated. Shabbat Shirah, the Sabbath of the Song, refers to the lengthy song that Moses and the Children of Israel Chanted on the safe shores of the Sea of Reeds after crossing.

Today's Haftarah

Like this morning's Torah reading, the Haftarah also features a song of praise to God. From the Book of Judges, the Haftarah depicts a battle between the Children of Israel and the Canaanites. Israel is led by the prophetess Deborah and a general name Barak. Deborah tells Barak that God has decided to deliver Sisera and his army into the hands of the Israelites. Barak is to lead the Israelite men into battle, but it is foretold that a woman will be the one to end Sisera's life. Though Sisera's men have chariots and the Israelites have none, the Canaanites are quickly routed, and Sisera flees for his life. A woman named Yael offers Sisera a place to hide in her tent, but she tricks the Canaanite general, and as he sleeps she drives a tent peg through his head. In recognition of the victory which God has handed the Israelites, Deborah composes a song of praise.