

Tashlich Scavenger Hunt

TASHLICH IS A RITUAL DESIGNED TO CAST OFF ONE'S SINS IN ORDER TO START FRESH AND BE THE BEST VERSION OF OURSELF. THIS SCAVENGER HUNT IS DESIGNED TO WORK WITH TASHLICH TO HELP US MOVE IN A POSITIVE DIRECTION AS WE BEGIN A NEW YEAR. SO GO OUTSIDE, TAKE A WALK AND SEE WHAT YOU CAN FIND!

- SOMETHING THAT MAKES YOU SAD
- SOMETHING THAT NEEDS TO BE FIXED
- SOMEONE WHO LOOKS UNHAPPY
- A BODY OF WATER (EVEN A SMALL ONE)
- PRACTICE DEEP BREATHING
- HEAR THE WIND BLOWING
- HEAR A BIRD OR ANIMAL
- SOMETHING THAT MAKES YOU SMILE
- SOMETHING THAT SMELLS GOOD
- SOMETHING THAT YOU CAN DO TO HELP
- SOMETHING THAT MAKES YOU FEEL GOOD
- SOMEONE THAT MAKES YOU FEEL SPECIAL

The way you see the world affects how you interact with it. Be positive!

If not completing this on Holiday - post pictures of what you find at <https://padlet.com/sybarra5/xn5npaa6pg4ii4h7>