Yahrzeits this week

Feb 8 - 13 Shevat

Leila Alpert Bessie Bertash **Burt Chotiner** Anne Friedman Ida Gaines Jack Goldstick Anne Hirsch Steven Charles Hoffman Harry Hoffman Harold Horwitz Herbert Isaacson Minnie Linkow Shirley Reis Lipson Evelvn Pielet Sidney Rosen Harry Rosenberg Celia Rubenstein Joseph Abraha Schatz Marcia Joy Shapiro Rochelle Weil Harold Wilner

Feb 9 - 14 Shevat
Theodore Bovilsky
Gutman "Gus" Cranow
Mary Feldman
Sam Gebel
Sally Kirshenbaum
Beatrice Libman
Sidney Oberman
Peggy Sonenfeld

Steven Wishnoff

<u>Feb 10 - 15 Shevat</u> Morris Block Luba Chabner Fannie Edelstein

Jerrold Teven

Ben Gold
Hyman Iglarsh
Sarah Kessie
Susan Levine
Arnold Morgan
Morris Chub Petasnick
Alfred Rosenberg
Judy Gold Rozner
Lillian Rubin
Estelle Schaffner
Edith Kasper Sommer
Arnold Weiner
Paul Wolkin

Feb 11 - 16 Shevat Joseph Arbetter Jaqueline Arbus Sandra Cymerman Charles Z. Glick Freeda Hofeld Mary Kasper Arnold Kravitz Risa Lambert David Melman Harry Orkin Ruth Projansky Marion Rosenstein Barbara Shulman Eugene Jay Solar David Tenenblatt

Feb 12 - 17 Shevat
Sonny Ander
Isaac Feinstein
Esther Fialkow
Helen Gold
David Jaffe
Hyman Kawer
Renee Manelis
Ruth Markman
Maxine Nelson

Isaac Stucker Harold Treger Milton Weiss Ethel Wenig

Feb 13 - 18 Shevat Joel Arnold Arlene Bell Claire Benson Ceil Edelstein Ethel Gill Tillie Goldman Sherry Harris Adam London Morris Neiditch Alexander Pontecore Miriam Samborn Harold Sawver Jack Schakner Ben Stollberg Mever Teinowitz William Joseph Wasserman

Feb 14 – 19 Shevat
Philip Billowitz
Sydelle Eisenberg
Estelle Gloss
Harold H. Harrison
Edith Rose Kramer
Isaac Levine
Anne Lyons Rolnick
Molly Sanchick
Rebecca R. Sheade
Hannah Shenfeld
Bernice Taub
Eric Craig Timoner
Abraham Weberman
Max Zisook

If you are interested in being a part of our community, please contact Michael Garlin, Executive Director.



3433 Walters Avenue Northbrook, IL 60062 847.498.4100

www.BethShalomNB.org

February 8, 2020 13 Shevat, 5780



Shabbat Beshalach

Shabbat Shalom and Welcome to Congregation Beth Shalom!

We seek to enrich the lives of our congregation through ever-evolving ideals of observance, life-long learning, and acts of kindness from this generation to the next. We are committed to meeting the spiritual, educational and social needs of our members through the practice of Conservative Judaism in an all-inclusive manner. We seek to encourage involvement and create a sense of belonging by serving our community, the Jewish people, and the State of Israel.

We hope you enjoy worshiping with us. Following services, please join us for kiddush luncheon and introduce yourself so we may personally greet you.

All CBS religious services are live streamed.

Rabbi Aaron Melman • Cantor Steven Stoehr • Rabbi Warner Ferratier Cantor Raquel P. Gershon, Ritual Director • Tanya Solomon, President

Mazal Tov to our Bat Mitzvah, Alexa, daughter of Dana & Brian Millman

Circle Time Shabbat – 10:00 AM in Room 6/7, followed by babysitting Junior Congregation - 10:45 AM in the Feather Beit Midrash

Today is Shabbat Shirah - the Sabbath of song!

It often coincides with Tu B'Shevat, the New Year of the trees. In Israel, it is the time that the trees begin to bloom and the birds return to them, joyfully singing. However, Shabbat Shirah refers to the Shabbat on which we read the Shirat Hayam – the song of the sea, which Moses and Miriam led the children of Israel in singing after they crossed the Red Sea to freedom. This section of parashat Beshalach is chanted with a unique melody. The congregation stands and joins in on parts of the chanting, as if to reenact the celebration!

Mincha will take place approximately
45 minutes after the conclusion of morning services, but no earlier than 12:30 PM.
Please help us make a Minyan.

Many members of our congregation have had allergic reactions to perfume and/or colognes. We are asking that if you could, please keep this in mind and refrain from using these products in the future. Thank you for your understanding and cooperation.

Acknowledgements

The Kiddush is sponsored by Dana and Brian Millman in honor of the Bat Mitzvah of their daughter, Alexa.

A generous donation has been made to the Laven Family Shabbat Celebration Fund by Eileen Woodhouse in honor of her birthday.

Thought to Ponder

Today's readings both contain victory songs. What other victory songs can you think of? What song would you choose for your personal victory anthem?

Schedule of Daily Minyanim

Sunday & secular holidays @ 8:45 AM Monday - Friday @ 6:45 AM Sunday-Thursday @ 7:45 PM Please help make a minyan.

Mark Your Calendars

Feb 8	Havdalah, Dinner & a Movie
Feb 10	Tu B'Shevat
Feb 14	N'SHAMAH! Shabbat
Feb 21	Shabbat B'Yachad Led by
	the 4th Grade Class
Feb 29	Shabbat Yoga
Mar 1	Men's Club Lox Box Delivery
Mar 6	Shabbat B'Yachad/3rd
	Grade Siddur Ceremony
Mar 8-10	Purim Programming (details
	to follow)
Mar 24-26	Sisterhood Pesach Baking
Mar 31	CBS Connections
Apr 5	HUGS Chocolate Seder
Apr 8	First Pesach Seder
Apr 9-16	Pesach

Join us for Shabbat With A Twist on the first and third Friday of each month at 11:00 AM For ages 0 - Pre-K!

For more information on these events and more, check our website: www.BethShalomNB.org

Congregational Gifts for S'machot

B'nai Mitzvah receive gifts from the congregation, Sisterhood, Men's Club, JUF, the Youth Commission and Rochelle Zell Jewish High School.

Gifts presented to those celebrating aufrufs and babynamings are provided by the Zaransky Family Ticktin Jewish Community Memorial Fund.

Synagogue Etiquette

In keeping with the spirit of Shabbat and to respect your fellow worshipers, please refrain from taking photographs, smoking and writing. If you must be accessible, please set your phone on silent. Please do not use your cell phone anywhere inside the building.

If you have any questions, please see one of our volunteer Shabbat Ambassadors or Greeters.

We invite you to visit **www.BethShalomNB.org** for more information about Beth Shalom and our many events, classes and programs happening throughout the year!

This Week's Aliyot

ALIYAH	CHAPTER/VERSES	READER	PAGE
1	Exodus 13:17-22	Pam Issen	399
2	Exodus 14:1-4	Judi Greenberg	401
3	Exodus 14:5-8	Judi Greenberg	401
4	Exodus 14:9-14	Pam Issen	402
5	Exodus 14:15-20	Sam Grief	403
6	Exodus 14:21-25	Sam Grief	404
7	Exodus 14:26-15:26	Bekah Hakimian Almaleh	405
MAFTIR	Exodus 15:22-26	Alexa Millman	412
HAFTARAH	Judges 5:1-8	Alexa Millman	426

This Week's Parashah

God leads the Israelites out of Egypt by way of the Sea of Reeds. For a final time, God hardens Pharaoh's heart and the Egyptians pursue the escaping slaves. A path of dry land appears in the Sea of Reeds allowing the Israelites to cross, but when the Egyptians pursue them, the sea closes and all of Pharaoh's army is drowned. Now, convinced of the greatness of God, the Israelites, led by Moses and Miriam, sing songs of praise. As the desert journey continues, the people become hungry and begin to grumble against Moses and Aaron. God tells Moses and Aaron that the Israelites will eat flesh that evening and bread the next morning. In the evening, quail appear and cover the camp. In the morning, God sends manna to feed the Children of Israel. The manna appears each morning; on the sixth day, the Israelites are instructed to gather a double portion because there will be no manna for them to gather on Shabbat. The seventh day is Shabbat - the people are to rest. When the Israelites encamp at Rephidim, they complain about the lack of drinking water. God instructs Moses to strike a rock from which water will flow. The Amalekites come to attack the Israelites and are defeated.

Today's Haftarah

Like this morning's Torah reading, the Haftarah also features a song of praise to God. From the Book of Judges, the Haftarah depicts a battle between the Children of Israel and the Canaanites. Israel is led by the prophetess Deborah and a general name Barak. Deborah tells Barak that God has decided to deliver Sisera and his army into the hands of the Israelites. Barak is to lead the Israelite men into battle, but it is foretold that a woman will be the one to end Sisera's life. Though Sisera's men have chariots and the Israelites have none, the Canaanites are quickly routed, and Sisera flees for his life. A woman named Yael offers Sisera a place to hide in her tent, but she tricks the Canaanite general, and as he sleeps she drives a tent peg through his head. In recognition of the victory which God has handed the Israelites, Deborah composes a song of praise.